



Podcast Episode 191
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“Respect: The Often Ignored Gateway to Influence, Happiness, and Success”

David Loy: Hi and welcome to *In the Loop* with Andy Andrews, I’m your host David Loy. And...

Andy Andrews: Andy Andrews, I’m here too.

David: And Andy. And the star of the show. You were talking the other day, this is very...

Andy: That sounds like a game show thing, and the star of the game, Gene Rayburn. Do you remember Gene Rayburn, do you remember Gene? Any way go ahead.

David: I was going to say, have you ever, you’ve had lined, you’ve been built in massive places, resorts, hotels, Vegas, you’ve done it all, what’s the oddest way that you’ve ever been introduced? Have you ever been, I mean, we talked a little bit about this with Jerry Jenkins, a while back.

Andy: Yeah, I’ve been introduced in so many odd ways. The worst introduction I ever had was, on a cruise ship when they announced, the cruise director actually announced that there was, had been an accident and people were wondering about it, and so the cruise director, I’m back stage, I’m a comedian right. And so the cruise director actually announces that, yeah, this had taken a bad turn and the person actually did die. And it was awful and so yes the person died and we’re

going to put the person, we'll put the address to the family and person off, so yeah, the person did die. And now here to make you laugh,

David: Oh boy.

Andy: And I'm sitting backstage going, oh please, no, no, really? Really, no. And so I've had that. So I've had that. I've also had people, I've actually been in my dressing room, and had people like, run and beat on the door, they just introduced you. And I'm going, ok, they could've actually told me they were going to do that.

David: Give me a heads up.

Andy: We could do a whole show on that.

David: That's funny. I don't know why I thought of that. That's very interesting though. Ok, hey let's get to this week's question. We had a great little, kind of a follow up question. Remember a few weeks ago we did an episode that talked a little bit about, you talked a little bit about how you and your boys stand up for Polly at the dinner table.

Andy: Yeah, somebody had heard the episode with Austin and they listen to Austin and said, they were amazed that you could just hear his manners.

David: And he kept saying yes or no sir every time he started a sentence. And you took that further to give a couple of examples of how that manifests in your day to day life. And specifically you talked about, at the dinner table. Not just in public but also at your house. We had a great follow up question, this came from Carl, he emailed and said, Andy on a previous episode you mentioned that you and the boys stand up when Polly or any women arrives or leaves the table. What

are some other ways that you all go out of your way to make sure that Polly feels respected?

That's a good little follow up to what we were talking about.

Andy: That is a good follow up. That is a good follow up. But before as, let me set this part of my brain aside to be pondering that question and come up with several things. So that part of my brain while that's working on that, let me tell you why these things, why we think these things are important in the first place, ok.

David: Ok.

Andy: Because we want to provide an advantage for our children when they are adults.

David: That's right, you've mentioned that. And how important it is that you want to take every opportunity.

Andy: Right. And you know, we've said it many times, we're not into raising great kids, we want to raise kids who become great adults. We all know people who had great kids. They were great kids, ok. But they got away from home and something happened. So anyway, we want our kids to have great advantages as adults. And you know, I've mentioned this one time, but I didn't really kind of finished this thought, but this will be very interesting I think, to people, I love asking HR people and CEOs this question. I'll say, ok, you put the word out, you're filling a new position. And so, it's a managerial position or supervisor position, or executive position. And let's say you get 400 applications for it. Out of those 400, we know that you bump out most of them, ok, just immediately. Alright so now you quickly get it down to 30 or 40. When you get it down to 30 or 40, somebody

is seriously looking at resumes at that point. Now you're seriously looking at the resumes, you're looking at the people who are recommending them. Now you knock it down to about 8 or 10. I do 10, I guess, do they get interviewed, do they get personal interviews? And they say, yeah, most of the time. Yeah, we do it between, and I hear between 6 and 10 or 5 and 10, that they'll personally interview these people. Alright, so here's my question. I say, alright, now, it's down to 3. And these 3, let's say they're the same age, same gender, same race, same experience, same education, they're from the same part of the country.

David: On the paper, they're the same person.

Andy: Yeah, on paper, they're the same person. And I'll say, so now what do you do? And you would be shocked at how many times I hear a version of, umm, I'd take them to dinner. And I'll say, like, you take each other to dinner? No, I take them to dinner together. And I'll say, really, now why is that? And I hear this all the time, they'll say, well, you know, I just watch them, I see how they act. I see who is it, who walks through the door first and who is it who holds the door for the other people. Who is it who stands up when a lady comes to the table? Who does it again, who does it again? Who is it, how do they shake hands? You know, how do they treat the wait staff? How do they treat each other?

David: Yes, ignore they're in competition with each other, how do they treat each other?

Andy: Right, how do they treat each other? I had one guy tell me one time, he said, I watched to see if anybody salts their food before they eat it? And I'm like, really, now why is that? He said, because there's somebody who will make a decision before they have all the facts. Like wow. So here's the thing. Obviously

everything you do matters. And so we want people to have an advantage, if we want our kids to have an advantage, everything matters.

David: Every little thing.

Andy: Right. So now to the question, the specific question, which was? What was it?

David: What are some of the other ways that you make sure that Polly feels respected?

Andy: Ok, you know, he mentioned the standing up and we do that, we do that at our house when Polly, in fact the boys will, a lot of times Polly has prepared our meal and because she's preparing the meal, so sometimes she's the last one to the table, right. And so the boys will and I do too, we stand until Polly comes to the table. And then we hold her chair and then we sit down. And if mom gets up to get something, we stand. Now some people think, well that is totally unnecessary, oh my gosh, you're in your own home. Yeah, but the way you act in your home, the way you act when you let your guard down is the way you will act in critical moments, ok. And so we want to do the same things over and over again. And so we do that. And I can't tell you how many times I've heard people talk about the boys when I'm out of town and Polly and the boys are out, eating somewhere. And they'll see the boys, these young man, stand up for their mother. And I'll tell you another thing, just kind of a little connector to that, is that not only do we stand up when a lady comes to our table or whatever, there are many times that we are in public as a family, and there are many times that people will come up to our table, ok. And sometimes you wish people wouldn't come up to your table but they do, ok. And I wish they would wait until the end of the meal, something like that. But a lot of times it maybe a friend too. Some may come to a restaurant, do you

know the guy, yeah, they come over and so, whether that is a man or a woman, we stand up. Now Polly does not but the guys, we stand up because you are honoring the presence of that person. And again, some might say, well that's totally unnecessary. Yeah, maybe unnecessary but man, it's certainly respectful.

David: Absolutely.

Andy: So we also hold Polly's chair. You know, the boys learn from a very early age that mamma always walks through the door first.

David: So they held the door for her.

Andy: Ladies first, ok. And it was funny, hearing little Adam, you know, four years old, I mean, we were in a restaurant or something and some people would be behind us and Adam will go, ladies first. So that's one thing, that's a couple of things we do. We hold her chair for her, as she sits down. Now here's some things, I'm just kind of, this is rolling through my mind, very quickly, ways that I want the boys, that I teach the boys about respecting their mom. One is, you know, with Mother's Day or Polly's birthday, or something, there's nothing more common than the guys, if Mother's Day is on a Sunday, on Saturday afternoon, about 4:30 the guys are going, hey I got to get something for Mother's day. Then all of a sudden, hey dear, sorry, we got to run to the store, you know. That's fine but also I am imagining that in the back of my wife's mind is, oh, I'm an afterthought. Many things more important than mom. I don't know she thinks that or not but I sure don't want her to think that.

David: You'd love to avoid that if possible.

Andy: So I don't want and so I will talk to the boys and say, now, let me ask you this, how do you want your mom to feel? Do you want your mom to feel like she is the queen and that you appreciate her and you respect her and you're so grateful for her. Is that how you want your mom to feel? Or do you want your mom to feel like, that you don't ever think about her and that it's like, anything you do for her, you only do it because you have to. So obviously the boys say, oh we want her to feel great. I said, then listen to me. I'm going to give you a heads up about Mother's Day. I'm going to give you a heads up about mom's birthday. You will know ahead of time. So just understand that one of the best things you can do, is if Mother's Day is on Sunday, get your shopping done on a Tuesday. And then the rest of the week, what you want to do, is like, a couple of times just say, hey mom, I have you fixed up for something.

David: You're taken care of.

Andy: You know. Sunday's a Mother's Day and I'm excited about what I got you. Because you're letting her know, hey you're thinking about it, you've prepared for it, she is important, ok.

David: Absolutely. And I was going to say, one thing, as you're talking, it's popping into my head, this is

Andy: Is Stephanie's birthday, is tomorrow morning?

David: No I'm good, she's good. But yes dear, I have a present for you, if you're listening. You keep connecting rightfully so but you keep connecting this to down the road with job interviews, career, education and all of that is true. A by product also of the way your boys are treating their mother, your wife, is that, that will roll over to how they treat their girlfriends. And the relationships that they will begin

to have in the coming years. Now they're 15 and 12 so there's not anything overly serious at the moment but in the next five to ten years, you can pretty much expect that, that will take place and it is true that guys treat their girlfriends very similar to the way that they treat their mother.

Andy: I want to tell you something else too. Because you're exactly right. But here's something that I'll bet, you didn't think about David. It is, I am creating protection for my boys with whom they will marry. Because if you do something like that, if you are respectful and you're preparing and you're honoring, then you also notice, I mean, if you're doing that for mom, if you know that dad is doing that for mom, we'll you dadgum sure notice whether mom is doing that for dad, ok. And so they not only see how I treat Polly, they not only know how they want to treat their mother, they're also very aware of the importance of these kind of things. And so what I'm saying is, are they likely to marry somebody who when they get into the relationship, they realize, this person is not respectful and this girl is not really thinking about them and this girl's not. I mean, it's protection.

David: Exactly. And this works both ways. This is kind of reemphasizing the importance of standards because not just for your sons but for anyone who's listening, for your daughters. Your daughters can and should expect the guys that they're dating, to do the things Andy that you're talking about.

Andy: Right. There's a guy in my town, man, I love this guy and his wife. And his name is Ken Grimes. And Ken Grimes is the city manager of Orange Beach. And we have two sons, Ken and his wife have two daughters. And one of the daughters, who I have heard about since forever because, dad, she's the prettiest girl in the 4th grade. Dad she's the prettiest girl in the 5th grade. Dad she's the prettiest girl in the 6th grade. Well now, now, she's 15 and my boy is 15 and they don't date. And I'm like, come on dude, she's the prettiest girl in high school. But it's very

funny, the one of the reasons that I love Ken, is because he is raising, now who knows if Caroline and my son are ever, and I know, guys please do not tell Austin I ever mentioned.

David: I was gonna say.

Andy: Because he's going to go, dad please, oh my God, you're killing me. And so don't say it. I mean, they're probably never gonna get together. However, Ken and his wife are really preparing those young ladies for a very happy future with some young man. And it's awesome to see because of the way Ken treats his wife, because of the way Ken treats his daughters, those girls, they will have very high expectations of a young man, and they should.

David: Absolutely. That's what I was going to say, they should.

Andy: A couple of other things I was thinking about, about the question. It is, there are little bitty acts of service that we watch. And I really try to watch to, and I'm not great at this but I really try to direct the boys that I know that on a day that we're all at home, hey guys, mom's taking a nap, let's make sure this playroom is cleaned up, let's make sure this kitchen, let's clean this so when mom comes out, she looks at this and there's not a single thing that she has to think, oh I have to do that. And so there are little bitty things that we can do, that, you know, when you think about it, they make your home a happier place to live, because you have the ability to teach your children how to take stress away from another human being, certainly in our home.

David: Absolutely.

Andy: Ok. And so those little things, there are some things that you know, and poor Polly, she's got me, I'm a guy, Adam, he's a guy, Austin, he's a guy, Carver our dog, he's a guy. And so sometimes I know that Polly feels like overwhelmed with guy stuff. And so we want to be assistive to watching some of the things she wants to watch, and to listening to some of the music she wants to listen to. And here, can I tell you a big one, this is, oh my God, when we travel, and don't tell Polly I said this, ok. But when we travel, we drive to Nashville as a family, we, guys, we just want to get there, just get there. I don't care if we're going down the street or if we're going to drive across the country. Just get there, ok. And so, we got to eat, alright let's wheel in here, really quickly, throw some food in the car and we'll be on the road in two minutes.

David: That's right, yep.

Andy: You know, just go to drive through. But Polly, she wants to stop and go in somewhere and sit down and eat. And I'm going to tell you, I mean, it drives us crazy. We're like, oh my. So I will get with the boys before a trip. I'll take the boys, don't tell Polly I do this, I'll tell the boys, I'll say, alright now, mom is going to want to stop and eat, and their eyes will roll. I said, now guys listen, we have plenty of time, we're gonna get there, plenty of time, and so mom is going to want to stop and eat. And so there's not gonna be any groaning, no sighs, ok. You know, and you give me a kick under the table if I ask for the check too early. Because that's the thing, because I'm like, when we're in a restaurant, ok, we're not going to eat dessert, ok, if you give me the check, I'll have this paid for by the time you get through eating. And by the time you get through eating, we can get up and we can go. Well to me, to Polly, that's rushing her.

David: And defeating the whole purpose of why she's there in the first place.

Andy: So I tell the guys, I said, so just kick me under the table if you see me eyeing the waitress or looking around the restaurant, where is she, where is the guy. And so, but also we wanna make each other laugh. Find ways to make each other laugh. Now our boys, we don't have any problem with that seemingly. But I'll tell you something, recently that really cracked our family up. This is kind of nothing but one of Polly's little, I don't know, pet peeve or something, I mean she's not really on it but she's mentioned it several time. One of the boys went, I hate so and so, I hate doing da da daa or I hate broccoli or whatever. Well we were sitting one night and Polly said, there's that word, don't say that word. That just sounds bad. And Austin, he kind of looks and he says, mom why? What's wrong with that word? And I looked over at her really seriously and said, dear, why do you hate the word hate? And she just cracked up, we all just cracked up. So anyway, look for ways to teach your children how to defuse a situation.

David: Yes, how to laugh together.

Andy: How to laugh together, how to honor somebody. And nothing honors somebody like your time. And I'm horrible with that because I'm always, I'm thinking way ahead, my mind's raising. And everything I got to do. And you know David, you know, I mean, I'm working on three books right now. I don't know if I'll ever catch up. And so, I am very, you know, I'm very likely to, or I tend toward thinking about something else when something is right in front of me. And so, but that's not very honoring and that certainly is not honoring to my wife. And so I have to really work on that. And I want the boys to see me good at that before I die. Anyway, that's it. That was a great question.

David: That's really good, very good. Andy thanks for your thoughts, Carl thanks for the question, that's really a great follow up from a previous episode. And if you'd like to jump into the conversation, we would love to have a question from

you. The phone number 1800 726 Andy. That's 1800 726 2639. Leave us a voicemail, tell us your name, where you're calling from and what your question is. And we'll get back to you. Address that on a future episode. You can also email us intheloop@andyandrews.com. Share this with your friends, leave us a review on iTunes. We love hearing the stories of how people are being positively impacted by this podcast. And Andy loves to do it and we're going to keep doing it. So make sure that you're tuned in, to what's going on. And Andy we will talk to you next week.

Andy: Thank you buddy, looking forward to it.

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Would you like to run something by Andy? Contact us and your question might be featured on the show!

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